

One Vision Weekly Timetable



All our sessions incorporate the use of film, media and lots of fun.

All sessions are adapted to our members individual needs so that everyone gains equal opportunities throughout each day.

We encourage members to try a range of activities so they can make informed decisions about their daily choices. The sessions are split into 5 main sections across the week;

* Media * Arts & Crafts * Character Creation * Construction & Prop Shop * Health & Wellbeing

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
09:00	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own breakfast/snack. / Social skills.
10:30	Experience of work options: <ul style="list-style-type: none"> • The Canal Trust Link. • Site management. • Hospitality and catering • News round/media group. • Salon Training 	Movie and studio training: <ul style="list-style-type: none"> • Creative Crew (Music production / dance / acting) • Studio Chef (Catering) • Film production. • Hair and beauty. 	Creative Minds: <ul style="list-style-type: none"> • Science fiction. • Video Blogging. • Creative arts textiles and crafts. • Construction. • Catering and Baking. 	Film Production: <ul style="list-style-type: none"> • Performing arts. • Prop shop. • Costume design / textiles. • Hair and beauty. • Film crew. • Script writing. 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G. Swimming / walks / Karaoke / Gardening / Floristry / Gym / Sewing / Football / Themed trips and visits / rebound / Wheels for all / Cinema / bowling and many more.
12:15– 13.15	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.
13:15	Experience of work options: <ul style="list-style-type: none"> • The Canal Trust Link. • Site management. • Hospitality and catering • News round/media group. • Salon Training 	Movie and studio training: <ul style="list-style-type: none"> • Creative Crew (Music production / dance / acting) • Studio Chef (Catering) • Film production. 	Creative Minds: <ul style="list-style-type: none"> • Science fiction. • Video Blogging. • Creative arts textiles and crafts. • Construction. • Catering and Baking. 	Film Production: <ul style="list-style-type: none"> • Performing arts. • Prop shop. • Costume design / textiles. • Hair and beauty. • Film crew. • Script writing. 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G. Swimming / walks / Karaoke / Gardening / Floristry / Gym / Sewing / Football / Themed trips and visits / rebound / Wheels for all / Cinema / bowling and many more.
14:30	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards
15:00	• Home Time	• Home Time	• Home Time	• Home Time	• Home Time

One Vision Media Timetable



All our sessions incorporate the use of film, media and lots of fun.

Using our state of the art TV studio and Green screen as well as our fully equipped computer room we offer a wide variety of media activities throughout the week.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
09:00	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own breakfast/snack. / Social skills.
10:30	Experience of work options: <ul style="list-style-type: none"> • News round/media group. 	Movie and studio training: <ul style="list-style-type: none"> • TV studio training And Video blogging 	Creative Minds: <ul style="list-style-type: none"> • Science fiction. 	Film Production: <ul style="list-style-type: none"> • Film crew. • Script writing. 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G. walks / Karaoke / Themed trips and visits / Cinema and many more.
12:15– 13.15	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.
13:15	Experience of work options: <ul style="list-style-type: none"> • Social media up date <ul style="list-style-type: none"> - Website - Facebook - Community book - News letter 	Movie and studio training: <ul style="list-style-type: none"> • TV studio training • And Video blogging 	Creative Minds: <ul style="list-style-type: none"> • Photo shop • Photography 	Film Production: <ul style="list-style-type: none"> • Film crew. /editing • Script writing. 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G. walks / Karaoke / Themed trips and visits / Cinema and many more.
14:30	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards
15:00	• Home Time	• Home Time	• Home Time	• Home Time	• Home Time

One Vision Arts & Crafts Timetable



All our sessions incorporate the use of film, media and lots of fun.

Our Arts & Crafts programme allows students to get creative whilst trying out a wide range of activities. The sessions are seasonal and change based on our members interests and ideas.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
09:00	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own breakfast/snack. / Social skills.
10:30	Experience of work options: <ul style="list-style-type: none"> • Making stock for the shop / cafe 	Movie and studio training: <ul style="list-style-type: none"> • Art studio experience 	Creative Minds: <ul style="list-style-type: none"> • Create stock for shop in the Art / Floristry / sewing / textiles department 	Film Production: <ul style="list-style-type: none"> • Create props / construction • Film set • Costumes design • Sewing 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G Themed trips, visits and training to gain ideas of things to make / complete your own project/ Cinema /Go out to buy new equipment and tools/ make seasonal stock etc
12:15– 13.15	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.
13:15	Experience of work options: <ul style="list-style-type: none"> • Floristry 	Movie and studio training: <ul style="list-style-type: none"> • Photography studio experience 	Creative Minds: <ul style="list-style-type: none"> • Create stock for shop in the sewing / textiles department 	Film Production: <ul style="list-style-type: none"> • Create props • Film set • Costumes design 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G Themed trips, visits and training to gain ideas of things to make / complete your own project/ Cinema /Go out to buy new equipment and tools/ make seasonal stock etc
14:30	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards
15:00	• Home Time	• Home Time	• Home Time	• Home Time	• Home Time



One Vision Character Creation Timetable

All our sessions incorporate the use of film, media and lots of fun.

Our Character creation sessions teach students skills in hair dressing and makeup artistry allowing students the ability to create their own characters for TV and film. Salon training is also provided to gain real work experience in our state of the art salon.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
09:00	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own breakfast/snack. / Social skills.
10:30	Experience of work options: <ul style="list-style-type: none"> Salon training 	Movie and studio training: <ul style="list-style-type: none"> Video Blogging This could be themed with shopping for new products / trying out new products / Reporting and researching new products, fashion and characters and training from professionals.	Creative Minds: <ul style="list-style-type: none"> Making beauty products. Costume creating 	Film Production: <ul style="list-style-type: none"> Character creating 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G Themed trips and visits / Pamper session/ Cinema /Book in a salon for a treatment etc and many more.
12:15– 13.15	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.
13:15	Experience of work options: <ul style="list-style-type: none"> Salon training 	Movie and studio training: <ul style="list-style-type: none"> Video Blogging This could be themed with shopping for new products / trying out new products / Reporting and researching new products, fashion and character looks, training from professionals. 	Creative Minds: <ul style="list-style-type: none"> Makeup artistry and nail art Hair dressing. Costume creating 	Film Production: <ul style="list-style-type: none"> Character creating 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G Themed trips and visits / Pamper session/ Cinema /Book in a salon for a treatment etc and many more.
14:30	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards
15:00	• Home Time	• Home Time	• Home Time	• Home Time	• Home Time



One Vision Construction & Propshop Timetable

All our sessions incorporate the use of film, media and lots of fun.

Our Woodwork and Construction studio allows students to gain experience in a real life workshop. With supervision and guidance members are able to use tools to construct props for films as well as stock for our One Vision shop.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
09:00	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own breakfast/snack. / Social skills.
10:30	Experience of work options: <ul style="list-style-type: none"> • Canal Trust • Site Maintenance These changes seasonal and with interests.	Movie and studio training: <ul style="list-style-type: none"> • Video Blogging To create wooden items. (Step by step of HOW TO MAKE?)	Creative Minds: <ul style="list-style-type: none"> • Gardening and Ground work 	Film Production: <ul style="list-style-type: none"> • Create props • Film set • Make seasonal stock to fund the film 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G Themed trips and visits to gain ideas of things to make / complete your own project / Cinema /Go out to buy new equipment and tools/ make seasonal stock etc
12:15– 13.15	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.
13:15	Experience of work options: <ul style="list-style-type: none"> • Canal Trust • Site Maintenance 	Movie and studio training: <ul style="list-style-type: none"> • Video Blogging To create wooden items. <ul style="list-style-type: none"> • (Step by step of HOW TO MAKE ?) 	Creative Minds: <ul style="list-style-type: none"> • Create and make seasonal stock 	Film Production: <ul style="list-style-type: none"> • Create props • Film set • Make seasonal stock to fund the film 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G Themed trips and visits to gain ideas of things to make / complete your own project / Cinema /Go out to buy new equipment and tools/ make seasonal stock etc
14:30	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards
15:00	<ul style="list-style-type: none"> • Home Time 	<ul style="list-style-type: none"> • Home Time 	<ul style="list-style-type: none"> • Home Time 	<ul style="list-style-type: none"> • Home Time 	<ul style="list-style-type: none"> • Home Time

One Vision Health & Wellbeing Timetable



All our sessions incorporate the use of film, media and lots of fun.

Here at One Vision we are keen to promote health & wellbeing as well as independent living skills. Our catering studio allows members the opportunity to learn hospitality skills that they can use in their everyday lives. We also promote a fitness programme to encourage leading a happy and healthy life.

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
09:00	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. . Students will complete independent living tasks to make their own choices of activity for the day - Drink / breakfast/snack / Social activity.	Arrival & Breakfast club. Students will complete independent living tasks to make their own breakfast/snack. / Social skills.
10:30	Experience of work options: <ul style="list-style-type: none"> • Independent Living skills. • Café skills • Meal prep • Laundry skills • Retail • Shopping for stock 	Movie and studio training: <ul style="list-style-type: none"> • Fitness blog This could be themed with healthy meal prep / healthy life style / various ways of keeping fit	Creative Minds: <ul style="list-style-type: none"> • Take part in a local fitness session or well being group that promotes a healthy mind / life style. • Take part in a football tournament 6 times in a year. 	Film Production: <ul style="list-style-type: none"> • Building confidence in: <ul style="list-style-type: none"> - Acting - Singing - Music / music production - Dance etc 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G. Swimming / walks / Karaoke / Gardening / Gym / Sewing / Football / Themed trips and visits / rebound / Wheels for all / Cinema / bowling and many more.
12:15– 13.15	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.	Students lunch time.
13:15	Experience of work options: <ul style="list-style-type: none"> • Independent Living skills. • Café skills • Meal prep • Laundry skills • Retail 	Movie and studio training: <ul style="list-style-type: none"> • Fitness blog This could be themed with healthy meal prep / healthy life style / various ways of keeping fit	Creative Minds: <ul style="list-style-type: none"> • Take part in a local fitness session or wellbeing group that promotes a healthy mind / life style. • Take part in a football tournament 6 times in a year. 	Film Production: <ul style="list-style-type: none"> • Building confidence in: <ul style="list-style-type: none"> - Acting - Singing - Music / music production • Dance etc 	Fun Time Friday: A variety of sessions planned from the students' requests. E.G. Swimming / walks / Karaoke / Gardening / Gym / Sewing / Football / Themed trips and visits / rebound / Wheels for all / Cinema / bowling and many more.
14:30	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards	Social time & Rewards
15:00	• Home Time	• Home Time	• Home Time	• Home Time	• Home Time